



HOLY NAME OF JESUS CATHOLIC CHURCH

TODAY IS WORLD MISSION SUNDAY



Today, every parish across the globe joins together for a worldwide collection on World Mission Sunday. Your generosity today supports the Pope's missions in more than 1,124 territories where the Church is young or struggling.

Your offering today provides hope where despair too often dominates—through the building of churches, formation of seminarians and religious sisters, healthcare clinics, and Catholic schools. Please give in-person or online at holynameparish.ca/donate or by scanning this QR code.



PRAY FOR OUR CATECHISTS

At 11 am Mass **today, Sunday October 19**, our catechists will answer the call to serve in the ministry in the presence of our faith community, and receive a special blessing from Monsignor Smith. Please pray for our catechists who generously serve as teachers in religious instruction for PREP, RCIT, and RCIA as they accompany children, teenagers, and adults on their journeys to Baptism and Confirmation.



- Ursula Akimana
- Dimo Ayoub
- Iustina Banu
- Mary Ann Barba
- Alison Bautista
- Julie Collard
- Donald Cumming
- Carolyn Fung
- Katrina King
- Kaley Mukai
- Paul Vo
- Iva Yeh

4925 Cambie Street Vancouver, BC V5Z 2Z4 (604) 261-9393 www.holynameparish.ca

Weekday Mass: Monday – Saturday 9 am

Sunday Mass: Saturday 5:00 pm (Anticipated Mass), Sunday 9:00 am & 11:00 am

Confession: Monday – Friday 8:40 to 8:55 am | Saturday 9:30 to 10:00 am | Saturday 4:00 to 4:50 pm

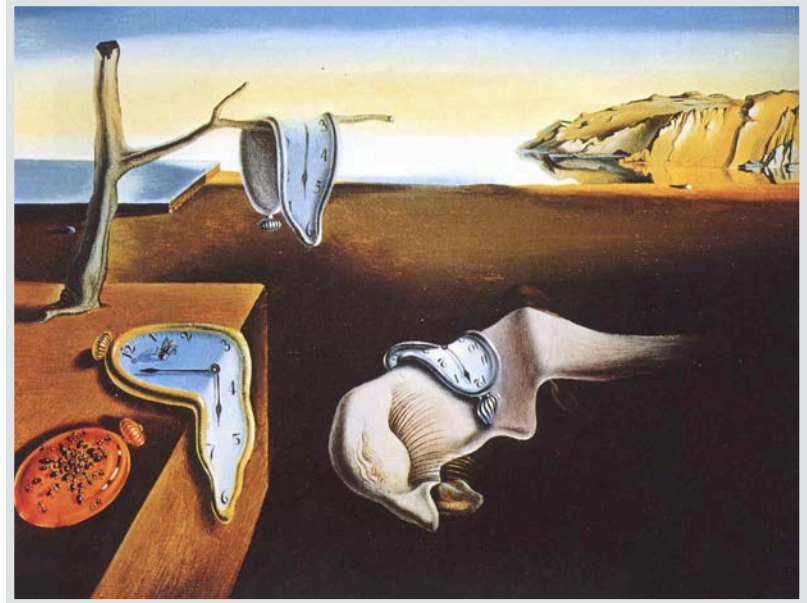
TIME, TALENT, AND TREASURE

THE TYRANNY OF TIME

To practice faith requires time and effort; there's no getting around this. As such, it competes with the demands of our ordinary lives.

You can't really contemplate the secrets of the universe in a couple of hours; that's more like a commitment to watching a movie.

If you attend worship services, right there that's a couple of hours every week. If you read, pray, or meditate—and want to get something out of it—that's time every day.



The Persistence of Memory, Salvador Dalí

Any advanced practitioner of faith or spirituality spends as much time on this as a fitness buff does at the gym, because that's what it takes to make progress.

It's also what they want to do, because it is deeply gratifying.



But at least at the beginning, it's a huge time imposition. As such, many people craving faith simply never find the time or never devote enough effort to develop anything meaningful.

They just kick the can of faith down the road of life and wind up saying, as one elderly friend (who has since died) confessed to me, "My one true regret is not having gotten around to my faith."

The solution here is to stop seeing your spiritual development as a side interest but rather to put it front and center.

If I told you that you had a serious health problem requiring that you exercise half an hour a day and take some medicine, you would do it. Not everyone would, but you would—I know this because no one reading this far into this book is a slacker about self-development. Well, your spiritual development is that important. You must make the time by scheduling your meditation, prayer, reading, and practice. Every day.

KNIGHTS OF COLUMBUS ANNUAL DRAW

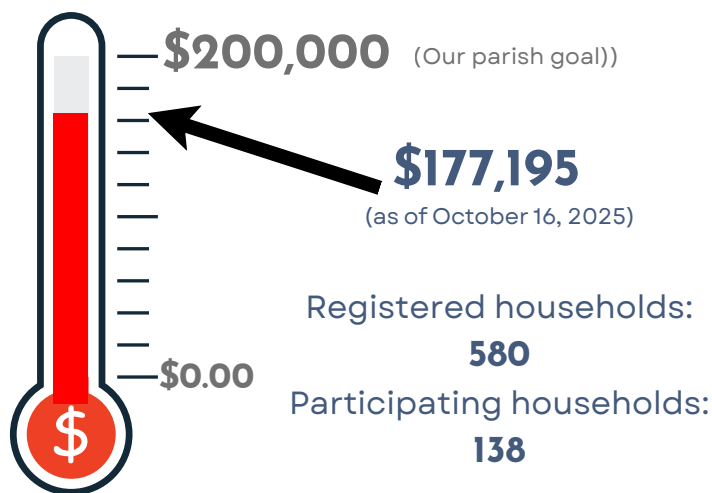


This weekend, **October 18 & 19**, our Knights will be selling tickets for the Knights of Columbus Annual Charity Appeal. You could win a 2025 Ford Maverick + \$40,000 in grand prizes!

Tickets are 1 for \$5, 10 for \$25, or 50 for \$50. See holynameparish.ca/knights for the full list of prizes and the beneficiaries supported by the ticket sales, or speak with the Knights after Mass for details.

PROJECT ADVANCE: WE'RE GETTING THERE!

To make Holy Name of Jesus Parish an accessible church, physically and spiritually.



Can you help by increasing household participation—which is even more important than money—so we can meet our parish goal by **November 1st**? holynameparish.ca/donate

PANCAKE BREAKFAST



Today, **Sunday October 19** is the Knights of Columbus Pancake Breakfast after the 9 am and 11 am Masses.

If you are a new parishioner or if it is your first time visiting our church, let the cashier know “I’m new,” and your breakfast of fluffy pancakes, mouth-watering sausages and scrambled eggs is **FREE!**

YOUNG CHILDREN AT 9 AM MASS



Next **Sunday, October 26**, we will welcome participants from the event “Listening to God with Babies, Toddlers, and Children” taking place at the John Paul II Pastoral Centre.

Young children will attend the **9 am Mass** at our parish with their parents and caregivers, and we will reserve the first two rows of pews for them, welcoming them with patience and charity.

MASS INTENTIONS

Monday October 20 to Sunday October 26, 2025
(† Deceased)

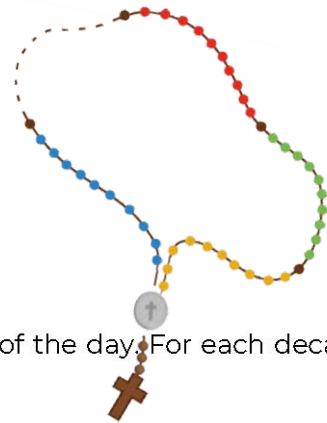
MONDAY Enrico Durana †
TUESDAY Peter Tung Thu Nguyen †
WEDNESDAY Marlena Athans
THURSDAY Teodora Dychauco
FRIDAY Mr. & Mrs. Lee-Yit Ming †
SATURDAY
9 AM Madison Yee
5 PM Lucy & Mr. & Mrs. P. S. Lee †
SUNDAY
9 AM Parishioners
11 AM Jackson & Wendy Yee

OCTOBER IS THE MONTH OF THE ROSARY



How to Pray the World Mission Rosary

1. Begin with the Sign of the Cross.
2. Pray the Apostles' Creed on the crucifix.
3. Pray the Our Father on the first large bead.
4. Pray Three Hail Marys for an increase in faith, hope, and charity.
5. Pray the Glory Be before the first decade.



Then pray five decades of the Rosary, meditating on the Mysteries of the day. For each decade, focus your prayer on one of the five regions:

1st Decade – Africa (Green Beads)

Pray for children, families, and communities facing poverty, disease, and lack of education everywhere, but especially in Africa, for missionaries building schools, hospitals, and churches.

2nd Decade – The Americas (Red Beads)

Pray for indigenous communities, migrants and refugees, and those living in urban poverty, especially in the Americas, for missionary catechists and pastoral agents.

3rd Decade – Europe (White Beads)

Pray for the Holy Father and for a renewal of faith in traditionally Christian countries, for young people searching for purpose, and for evangelizers in secular societies that have forgotten the Joy of the Gospel, especially in Europe.

4th Decade – Oceania (Blue Beads)

Pray for missionaries bringing sacraments by boat or plane, island nations affected by extreme climate conditions, and the spiritual needs of remote communities, especially in Oceania.

5th Decade – Asia (Yellow Beads)

Pray for those who have never heard the Gospel, for persecuted Christians, and for missionary schools sharing faith and education, especially in Asia.

Conclude with:

- Hail, Holy Queen
- Prayer for the Intentions of the Holy Father