



HOLY NAME OF JESUS CATHOLIC CHURCH

This Summer, Rest in Jesus



A Summer Prayer

Lord,
Help me to find ways
to celebrate life
and the hope I have in You
every single day.
Amen.



Come to a weekday Mass

Is your summer schedule hectic and making you feel depleted? Then “fuel up” by making a resolution to go to a weekday Mass, even if it’s just one day of the week. In our parish, we are blessed to have morning Mass every day at 9 am (and confessions at 8:40).



Pray in one sentence

Whether it’s saying to God, “I trust you completely”, or choosing a line from your favourite prayer (“Passion of Christ, strengthen me”), grow in your relationship with Jesus by calling upon Him throughout the day with a simple phrase that you remember by heart.



Experience stillness

Traditional Holy Hour
Adoration and Benediction
NEXT: Saturday August 2 at 8 am



Receive peace

Oasis: an evening of candlelit adoration, quiet reflection, beautiful music, and available prayer ministers.
NEXT: Thursday August 14 at 7 pm

4925 Cambie Street Vancouver, BC V5Z 2Z4 (604) 261-9393 www.holynameparish.ca

Weekday Mass: Monday – Saturday 9 am

Sunday Mass: Saturday 5 pm (Anticipated Mass), Sunday 9 am & 11 am

Confession: Monday – Friday 8:40 to 8:55 am | Saturday 9:30 to 10:00 am | Saturday 4:00 to 4:50 pm

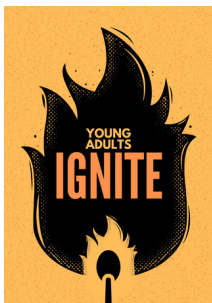
Facility Improvements



This weekend **July 26 & 27**, there will be a 2nd Collection for Facility Improvements. This special collection happens only twice a year. Your donations help our parish with necessary repairs and maintenance, some of which have been deferred for several years due to financial pressures.

Since this is a special collection taken up in our parish and not a national collection organized by the Archdiocese of Vancouver, online donations are not possible at this time, but you may call Liesl at the parish office at 604-261-9393 with your credit card information if you wish to make an offering. Cash and cheque donations are gratefully accepted.

Faith study for Young Adults



If you are a young adult age 19-39, it's not too late to join the Ignite summer faith study (Sermon On the Mount) on **Saturdays** at 6pm from **now until August 23**. Dinner will be provided. Please sign up using the online form:

holynameparish.ca/ignite or by scanning the QR code on our church TV.

NOTE: The August 2nd faith study evening is cancelled due to the long weekend holiday. See you on August 9th.

We are not Dairy Queen, But We Have Great Sundays!



Every month, our parish hosts a Sunday Café where you are invited to enjoy a delicious treat served by the Catholic Women's League after Mass (for free!). The purpose of the Sunday Café is community: stop by and say hello to a friend, or make a new one. Our next **Sunday Café is August 10 after 9 am and 11 am Mass** and they will be serving refreshing cold drinks and ice cream!

Grief to Grace Retreat



Experience healing in a five-day overnight retreat (October 2025 in Kelowna) designed by mental health professionals to help those who have endured neglect, as well as physical, emotional, sexual, and/or spiritual abuse within their family of origin, community, or from spouses/partners, coworkers, or supervisors. Make a confidential call to (250) 808-6403 or email griegtograncelowna@gmail.com for a completely confidential consultation.

www.griegtograncelowna.org

MASS INTENTIONS

Monday July 28 to Sunday August 3, 2025
(† Deceased)

MONDAY Celebrant's Intention

TUESDAY Susana Belen

WEDNESDAY Mary & Tom Nowak (60th
Wedding Anniversary)

THURSDAY Heidi Sikorski

FRIDAY Shiu Ying Anna Leung †

SATURDAY

9 AM Rosario Lee †

5 PM Dominic Tan †

SUNDAY

9 AM Parishioners

11 AM Amos Wong †

MASS INTENTIONS

Monday August 4 to Sunday August 10, 2025
(† Deceased)

MONDAY Carlos Taguba †

TUESDAY Celebrant's Intention

WEDNESDAY Glenn Noordhof †

THURSDAY Rob Listeki †

FRIDAY Ann Menenghello †

SATURDAY

9 AM Sr. Helen Hong

5 PM Natividad Santiago †

SUNDAY

9 AM Parishioners

11 AM Joseph Ing †