



# HOLY NAME OF JESUS PARISH

4925 Cambie Street, Vancouver, B.C., V5Z 2Z4

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Website: [www.holynameparish.ca](http://www.holynameparish.ca)

Weekday Mass: Monday—Saturday 9:00am

Sunday Mass: Saturday 5:00pm (Anticipated Mass)

Sunday 9:00am & 11:00am

## 2ND SUNDAY OF LENT: FEBRUARY 25, 2024

### WHY GO TO HOLY HOUR?



Saint Alphonsus Liguori proclaimed, “Of all devotions, that of adoring Jesus in the Blessed Sacrament is the greatest after the sacraments, the one dearest to God and the one most helpful to us.” Sitting before the Eucharist in awe and wonder is something

faithful Catholics have been doing for centuries.

#### **Because it Unites You to the Sacrament of the Eucharist**

According to St. Mother Teresa of Calcutta, “When you look at the crucifix, you understand how much Jesus loved you then. When you look at the Sacred Host, you understand how much Jesus loves you now.” Now. The Eucharist is the Sacrament of the Real Presence of Jesus Christ. His body, blood, soul, and divinity under the appearance of a simple host. Sitting in Eucharistic adoration lets you draw closer to the Mystery of the Eucharist. How easy is it for us to dismiss this reality? But by driving to church you are making a sacrifice. A sacrifice of time. The sacrifice of time you make on Sunday.

Last month, a Holy Name parishioner commented **“The holy hour with music made it easy for me to pray before the Blessed Sacrament.”**

#### **Because You Will Increase in Holiness by Bathing in the Light of the Son**

People enjoy tanning in the sunlight during summer or visit tanning salons. Going to Eucharistic Adoration does for your soul what a tanning salon does for your skin— it transforms it. Too much physical light burns. If you stay before the light of the Son, before long your sins will be identified.

Eucharistic adoration is a precursor to confession. St. Clare of Assisi proclaimed, “Gaze upon him, consider him, contemplate him, as you desire to imitate him.” Standing in the “Sonlight” will lead you to think like the Son. You will be more patient. Kinder. Gentler. More obedient to your parents, spouse, priests, bishop or other spiritual authorities in your life. Bathe in the light of the Son and be prepared for noticeable results.

Adapted from: 7 Reasons You Should Go to Eucharistic Adoration by Matthew Chicone

Image: The Virgin Adoring the Host by Jean Auguste Dominique Ingres

### **EUCHARISTIC ADORATION THIS LENT**

Our parish offers two Holy Hours every month:

- **1st Saturday of the month**

March 2 at 8:00am to 9:00 am

- **2nd Thursday of the month (with music)**

March 14 at 7:00pm to 8:00 pm\*

\*Confessions will be heard at this month’s Holy Hour with Music

# WHAT'S HAPPENING?

## STATIONS OF THE CROSS



Come and pray The Stations of the Cross together as a parish community every Friday in Lent at 7pm.

## 40 DAYS FOR LIFE

SAVE THE DATE: On **Friday March 22** from 8:00am to 8:00pm, our parish will keep a peaceful and educational presence to help save lives and pray for an end to the injustice of abortion. Sign up for a time slot today in the church vestibule, or make a plan to join together in prayer and fasting if you cannot be there in person [www.40daysforlife.com](http://www.40daysforlife.com)

## WORLD DAY OF PRAYER—MARCH 1

The World Day of Prayer is observed annually on the first Friday in March. It is an invitation for Christians to pause and pray together ecumenically and recalls our Christian responsibility to be sensitive to the signs of the times so that we might bring a more authentically Christian dimension to the concerns of our world, our country, our community. Sponsored by the Women's Inter-Church Council of Canada and its national counterparts around the world, it is celebrated in approximately 165 countries!

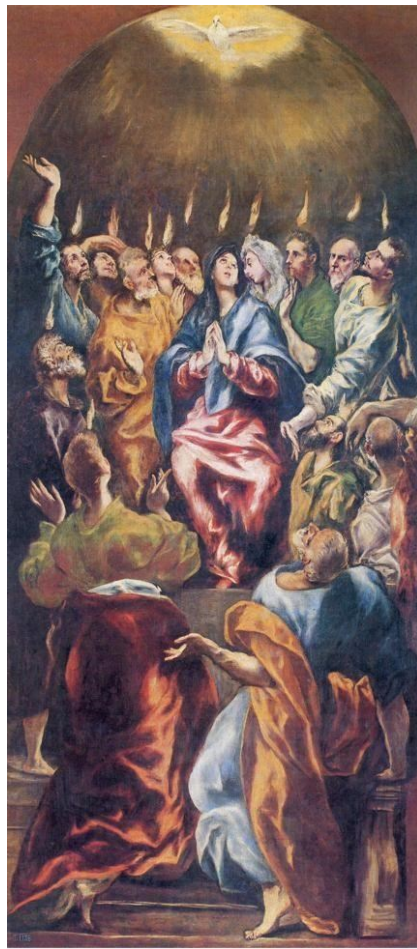


Our parish has a FORMED subscription. Visit [signup.formed.org](http://signup.formed.org) and select "Holy Name of Jesus Vancouver"



### The Three Temptations with Dr. Brant Pitre

Reflect with Dr. Brant Pitre on the temptations of Jesus in the desert as he gets to the heart of the meaning of Lent.



## SACRAMENT OF CONFIRMATION

Are you a baptized adult who has not yet received the Sacrament of Confirmation? Any practicing Catholic who has not been confirmed should let Monsignor Smith know via the parish office because we hope to be celebrate the Sacrament of Confirmation with adults Pentecost (May 19, 2024).

Image: *The Pentecost* by El Greco



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## MASS INTENTIONS

**Monday, February 26— Sunday, March 3, 2024**  
(† Deceased)

Monday.....	Celebrant's Intention
Tuesday.....	Dominic Tan †
Wednesday.....	Francis Yeung †
Thursday.....	Sunih Kim
Friday.....	Sandra Young
Saturday 9:00am.....	Sarah C. Lau
Saturday 5:00pm.....	Holy Name Parish
Sunday 9:00am.....	Charles Phinn †
Sunday 11:00am.....	Sabina Chow